# July 2010 Results, Reports & Fixtures



#### Fixtures: July 2010-

date July	name	scope	detail
	2010 Doncaster Town Centre inc FunRun	open	www.doncasterathletics.com
Sat 17 Jul 10	English Sr Closed Championships	open	Gateshead
Sun 18 Jul 10	UK YAL Premier East Div	clubs	Round 4 match, location Middlesborough (Clairville)
	Prince in the Park 5k	open	Greasbrough KMRT
Sat 24 Jul 10	SY League 6	open	All Ages Doncaster Keepmoat Stadium
Sat 24 Jul 10	BMC Meeting 4	open	
Sun 25 Jul 10	NJAL Match 4	clubs	Doncaster
Sat 31 Jul 10	Northern Athletics Div 2 EC	clubs	Scunthorpe. Note date amended (from 1st Aug)
August			
	Northern Athletics Div 2 EC playoff		Cudworth
	RHAC Open Meeting	open	Herringthorpe
	NJAL Play off match	clubs	Location Robin Park, Wigan
September	, ,		3
Sat 11 Sep 10	Northern Cup Final	clubs	Venue Dorothy Hyman Stadium, Cudworth
Sat 11 Sep 10	Yorkshire Road Relay Champs	clubs	Leeds Met Uni, Carnegie Campus
Sun 12 Sep 10	Bawtry Forest	open	Maltby RC
Sat 18 Sep 10	Silkstone Shuffle 3	open	From Silkstone Cricket Ground
Sat 18 Sep 10	Silkstone Shuffle Junior race 3	open	From Silkstone Cricket Ground
Sat 25 Sep 10		clubs	venue TBC
	Northern Young Athletes Road Relays	clubs	Venue TBC
Sun 26 Sep 10	2nd Annual Cusworth 10k inc Fun Run	open	www.doncasterathletics.com
Sun 26 Sep 10	Carpenters 5	open	Carpenter's Arms Tickhill (KMRT)
October			
	Mablethorpe Marathon & Half	open	Full start 09:30, half start 10:00
		clubs	Graves Park Sheffield. All ages, 1st event 11:00
Sat 16 Oct 10	ERRA 6 & 4 stage relays	clubs	Sutton Park, Sutton Coldfield
Sat 16 Oct 10	Round Rotherham Run	open	50 miles start 6 (walk) 7 (run) 18+yrs £12 +
Sat 16 Oct 10	Round Rotherham Relay	open	50 miles 8 stages start 8am Dearne V Coll
Sun 17 Oct 10		clubs	Location Sutton Park
	SOUTH YORKSHIRE CROSS COUNTRY I		
Sun 31 Oct 10	Canal Run	open	Westgate R'ham (Kimb. Str) KMRT
November			
	SOUTH YORKSHIRE CROSS COUNTRY I		
	Silkstone Shuffle 4	open	
	Silkstone Shuffle Junior race 4	open	From Silkstone Cricket Ground
	SOUTH YORKSHIRE CROSS COUNTRY I	EAGUE	ciuds tda
December		FACUE	the
	SOUTH YORKSHIRE CROSS COUNTRY I		tba
Sun 19 Dec 10		open	Droppingwell (Kimb. Str) KMRT
Sun 26 Dec 10 event & award	Turkey Trot (MRC) 11:00 am start	open	Reg.10:30 Butchers Arms Braithwell (KMRT last
event & award			

## **KMRT 2010**

A series of 12 local races organised for your enjoyment by Kimberworth Striders, Maltby Running Club , Rotherham HAC, Tickhill RAC

Each is an individual race. Series awards. Races open to all club runners

### Remaining in 2010

8	Prince 5k see below	(RHAC) Weds 21/7/10
9	Carpenters 5	(TRAC) Sun 26/9/10
10	Canal Run	(KS) Sun 31/10/10
11	Santa's Special	(KS) Sun 19/12/10
12	TurkeyTrot	(MRC) Sun 26/12/10

### **Cross-country Dates**

South Yorkshire League:

Sun October 24Sun 28Sun 28Sun 28

Sun 7 November Sun 12 December

Note that Northern and Yorks Vets relays are at the Cutler's Relays on October 9th.

Please get these dates in your diary

Venues are not certain but Northern Racing (horse-) College, between Doncaster and Bawtry, is intended for Nov 7th. Campsall, Winterhill and a Sheffield venue are on the cards.

Yorkshire, Northern and National events are after the end of 2010 and will be notified later. Further info: Steve Gaines

#### Traffic-free Road 5k

## The Prince in the Park

a race in the KMRT series of 12

under UKA Rules

Licence Number: 2010-100958

Wednesday 21st July 2010 starting at 7.15 pm from the Coach Road Entrance Wentworth Park

ALL ENTRANTS MUST BE 13 YRS OF AGE ON RACE DAY A road race of approx. 5k (measured at 5.0k by GPS) The course is not suitable for wheelchairs, prams etc

Numbers, Registration, race briefing at the Race HQ Prince of Wales, Greasbrough. Start, all course, and finish in Wentworth Park (private roads)

## Entry fee £4 on the night

**Race description**: After the start inside the Coach Rd entrance of Wentworth Park, 1k slightly downhill then long 1.5k steady uphill on good traffic-free road to the turn. Out and back course with a small turning loop at the half-way.

#### Support Your Club Assistance needed if you cannot run

## Round Rotherham Race and Relay Saturday 16 October

These are again on the same day as the National 6 & 4-stage road relays (and the Young Athletes relays are the following day) Entries for the race are building nicely. The **Round-Rotherham relay** is a particular challenge since we normally are depleted by the National Road relays.

The relay stages are from 11 miles down to about 4. Eight runners required (you can run twice but not on consecutive stages). It is not unknown for us to win the mens, women's and mixed relays but it doesn't just happen-

## ALL CLUB MEMBERS ARE INVITED TO JOIN US IRRESPECTIVE OF STANDARD. NAMES TO

Peter Neal (Men's teams) Sharon Burton (Women's teams) Pete Humphries (Mixed teams) These three will coordinate the selection if necessary

Route finding and familiarisation: by arrangement or on Thursday evening runs between now and end September. Also Sundays. Don't forget the full race has a team prize also.

## Track and Field Review

With all the league competitions approaching their final matches for this season, here is a review of where we are and what is coming up.

In the South Yorkshire T&F League, we are currently lying third behind Doncaster and Sheffield. After a promising opening match at Rotherham it has been left to a relatively small group of athletes across all ages to fly the Rotherham flag at the 'away' matches. We cannot catch Doncaster but a good turnout at the last match at Doncaster on the 24th July could at least get us into second ahead of Sheffield.

In the Young Athletes competition, the teams have tried hard but our lack of specialists to fill key technical events (hurdles, pole vault, high jump, hammer, triple jump) has made it a very difficult task to match the other clubs we have been up against. Our unexpected promotion to the Premier Division due to the league restructuring will be a short one. The final match is this Sunday, 18th July in Middlesborough.

In the Junior League, the same shortage of athletes in the specialist events has also affected result with us consistently finishing third. The final match is at Doncaster on 25th July.

In the Northern League, after winning the first match we came FIFTH in the second and then returned to winning ways in a very close home match in round 3. This leaves us in second place with the final match to come with both Lincoln and ourselves on 14 league points but they are above us with 1052 to our 1034 match points. We should qualify for the promotion match

but it is not certain yet. In the last match at Scunthorpe on Saturday 31st July, Hull would have to win and we would have to be last but the Rotherham match was close and our fifth place in the Hull match means we cannot get complacent and must have a good turnout at Scunthorpe. On a more positive note, WHEN we qualify for the playoffs the match will be at Cudworth on August 15th. If we want to get promotion and face better quality opposition then we need the best possible turnout at that match to make it happen.

Still with the seniors, we have just entered a team based on the performances from the first 3 league matches to see if we can qualify for the Inter Cup Knockout final and win some silverware. If we get through, the date for the final is 11th September at Trafford and will incorporate the Northern 10000m championships.

Other Track and Field Meetings coming up are:

Rotherham Open 22nd August Scunthorpe Festival of Athletics 29/30th August Doncaster Open Meeting 30th August

Finally congratulations to all our Athletes who competed at the English Schools. Alex Kiwomya followed up last years win in the Junior Boys 100m with an impressive win in the Junior Boys 200m. Ben Shields was 5th in the final of the Inter Boys 100m, Kane Humphrey was 9th in the Senior Boys discus, Sarah Wilding was 8th in the Inter Girls shot, Abbie Vernon was 13th in the Senior Girls 1500m and Robyn Lanceley was 9th in the Senior Girls 1500m steeplechase.

Kevin Thomas

Ulley Res 5 mile race 2nd June 2010 Race Results				KIMMY KANTER - 15th J RESULTS	June 2010 -		Neil Shaw Keith Ward	Rotherham Kimberworth	86 39.21 Bev Clark 87 39.23 Stephen Bruce	Barnsley	
	Race Results				Position Time	Name Club		Patrick Corrigan	Handsworth	88 39.30 Sam Jones	Unattached
Pos	Name	Club	Time	Cat	1 25.23 Shaun Dimelow	Barnsley		Helen Wade	Kimberworth	89 39.33 Timothy Bruce	-
1	Peter Roberts	Clowne RR	28:14	VM40	2 27.19 Liam Rooney	Kimberworth		Marc Higgins	-	90 39.36 Neil Majer	-
2	Zak Mellard	Kimberworth	28:20	SM	3 27.50 Dan Birkinshaw	Kimberworth		Frank Majer	-	91 39.50 Paul Mather	Kimberworth
3	Kevin Doyle	Kimberworth	29:15	SM	4 27.56 Stephen Whitely	Barnsley		Lee Archer	-	92 39.52 Adele Marsden	Kimberworth
4	John Comrie	RHAC	29:54	VM45	5 27.57 Kevin Doyle	Kimberworth		Nina Hague	Rotherham	93 39.52 Nicola Garrity	Barnsley
5	Steve Phillips	Kimberworth	30:26	VM45	6 28.06 Zak Mellard	Kimberworth	50 35.08	Gerard Tayeh	Barnsley	94 39.55 Mark Robinson	-
6	Peter Neal	RHAC	30:45	VM50	7 28.09 Chris Cotton	Kimberworth		Dale Majer	-	95 40.06 Elly Woodhead	-
7	lan Hetherington	RHAC	30:52	VM40	8 28.27 Lee Smith	Barnsley	52 35.14	Phil Hughes-Narb	Kimberworth	96 40.10 Mel Hornby	Valley Hill
8	Mark Ruddleston	RHAC	31:13	VM45	9 28.52 Mick Quinn	Barnsley	53 35.16	Michael Wilson	-	97 40.18 Ian Christopherson	Barnsley
9	Mark Smith	Kimberworth	31:30	SM	10 28.56 John Comrie	Rotherham	54 35.26	Alan Schofield	Barnsley	98 40.25 George Thompson	Kimberworth
10	Ryan Cudsworth	Tickhill	31:33	SM	11 29.18 Steve Ford	Killamarsh	55 35.30	Matt Jones	Tickhill	99 40.37 Rachel Nothand	Barnsley
11	Clair Spencer	Kimberworth	31:42	SL	12 29.22 Robert Tintinger	Rotherham	56 35.45	Stephen Cotter	Rotherham	100 40.58 Steven Lambert	-
12	Phil Martin	Kimberworth	32:09	VM50	13 29.40 Mark Woodhouse	Kimberworth	57 35.52	Claire Chapman	Kimberworth	101 40.58 John Dunphy	Rotherham
13	John McDermott	Kimberworth	33:07	VM45	14 29.42 Stephen Phillips	Kimberworth	58 35.59	Pat Rooney	Kimberworth	102 41.08 Steph Borysiewicz	Valley Hill
14	Richard Howcroft	RHAC	33:18	VM40	15 29.59 Terry Eastwood	Rotherham	59 36.00	Keith Binney	Barnsley AC	103 41.40 Richard Green	Kimberworth
15	Alex Carroll	RHAC	33:24	u19M	16 30.06 Brian Clayton	Barnsley	60 36.07	Dave Booth	Kimberworth	104 41.57 Wendy Whitaker	Rotherham
16	Paul Greenwood	Kimberworth	33:29	VM40	17 30.31 Ryan Cudworth	Tickhill	61 36.25	Nick Dobson	-	105 42.00 Jenny Horan	Rotherham
17	Warren Scott-Walker	Kimberworth	33:36	SM	18 30.51 Claire Spencer	Kimberworth	62 36.34	Shaun Logan	Barnsley	106 42.18 Lee Barraclough	Kimberworth
18	Mathew Asbridge	RHAC	33:40	VM40	19 31.29 Nick Morris	Penistone	63 36.37	Pete Humphries	Rotherham	107 42.51 Chris Holt	-
19	Colin Earl	Bannatynes	34:02	VM45	20 31.35 Philip Morris	Penistone	64 36.39	Tom Lambert	-	108 43.18 Roger Cook	Kimberworth
20	Philip Haigh	RHAC	34:07	VM50	21 31.47 Jeff Clark	Barnsley	65 36.41	Kerry Archer	-	109 43.40 David Leng	-
21	Brian Lowndes	Maltby RC	34:28	VM60	22 31.49 Richard Bory	Valley Hill	66 36.42	John Hewitt	Barnsley	11044.00 Joe Travis	-
22	Craige Spencer	Kimberworth	34:44	SM	23 31.51 Neil Offler	Totley	67 36.42	Paul Foster	Tickhill	111 44.12 Scott Hawksworth	-
23	Patrick Rooney	Kimberworth	34:44	VM50	24 32.12 Jenny Featherston	e Totley	68 36.44	Debbie Hogarth	Kimberworth	112 44.24 Martin Simpson	Kimberworth
24	Neil Shaw	RHAC	34:57	SM	25 32.14 Shaun Swallow	Barnsley	69 36.46	Julie Moxon	Penistone	113 45.03 Natalie Harp	-
25	Ray Howarth	RHAC	35:13	VM50	26 32.36 Steve Lowndes	Kimberworth		Jan Hutton	Totley	114 45.17 Andrea Morris	Barnsley
26	Mark Spencer	Clowne RR	35:48	SM	27 32.42 W Scott-Walker	Kimberworth		Nigel Greaves	Barnsley	115 46.50 Vikki Skipper	Barnsley
27	Barbara Rusling	Maltby RC	36:15	VL50	28 32.55 Paul Greenwood	Kimberworth		Bev Sutton	Valley Hill	116 48.04 Rachel Gray	Barnsley
28	Jim Rust	Maltby RC	36:15	VM55	29 33.00 Linda Walton	Barnsley		Ken Chapman	Kimberworth	117 49.22 Sally Gray	Barnsley
29	Tony Redfern	Maltby RC	36:22	VM45	30 33.07 Daniel Archer	-		Garry Nock	Barnsley	118 49.53 Frances Harp	-
30	Nina Hague	RHAC	36:27	VL40	31 33.10 Philip Haigh	Maltby		Kerry Booth	Rotherham	11950.31 Michael Lee	-
31	S Cottter	RHAC	37:00	VM50	32 33.14 Gary Groves	Kimberworth		Alan France	Kimberworth	120 50.32 Matthew Hickman	-
32	Roy Butterworth	RHAC	37:13	VM40	33 33.19 Chris Horsfall	Handsworth		Helen Cutmore	Kimberworth	121 53.30 Natalie Royles	-
33	Claire Chapman	Kimberworth	37:30	VL35	34 33.30 Sandra Edwards	Killamarsh		Tracy Kemp	Penistone	12254.45 Anna Taylor	Barnsley
34	Cain Green	Kimberworth	37:30	SM	35 33.43 Wesley Vaughan	-		Ian Meade	Barnsley	123 54.45 Susan Taylor	Barnsley
35	Garry Needham	Maltby RC	37:42	VM40	36 33.45 Wayne Sables	Barnsley		Richard Dutchak	-	12455.25 David Dutchak	-
36	Debbie Hogarth	Kimberworth	37:48	VL45	37 33.55 Simon Thompson	-		Amanda Knagg	Valley Hill	12555.27 Olivia Parkin	-
37	Fay Bird	RHAC	37:53	VL35	38 34.00 Anthony Horsfall	Handsworth		Charlotte Peirson	Kimberworth	12655.34 Amy Smith	-
38	Sharon Burton	RHAC	37:58	VL45	39 34.02 Malc Procter	Kimberworth		James Gallacher	Tickhill	12759.17 Mary Chapman	Kimberworth
39	Robert Houghton	Maltby RC	38:06	VM55	40 34.10 Pauline Straw	Totley		Malcolm Rhodes	Rotherham		
40	Helen Cutmore	Kimberworth	38:48	VL45	41 34.18 Jerry Fisher	Barnsley	85 39.18	Fay Bird	Kimberworth		
41	Ken Chapman	Kimberworth	38:49	VM60							
42	Caroline Boyd	Maltby RC	39:42	VL55				Sundry Iten	ns		
43	John Pioffitt	Clowne RR	40:25	VM60	**Trail/fell series				-		
44	Russ Bramhall	Kimberworth	40:37	VM45		trail corios ra	cos oprilor i	his yoar including	somo foll race	. The intention being to per	cibly start a
45	Paul Mather	Kimberworth	40:41	SM	We made a list of possible trail series races earlier this year, including some fell races. The intention being to possibly start a						
46	Malcolm Rhodes	RHAC	41:25	VM60	trail/fell championship series. This has stalled awaiting suggestions as to which are desired, unacceptable and so on. I guess that there is insufficient support to get the series going but of course I may be wrong. Give me your views, or give them						
47	Jenny Horan	RHAC	42:36	VL55		cient support t	o get the s	eries going but of	course I may b	e wrong. Give me your views	, or give them
48	Wendy Whitaker	RHAC	42:49	VL55	to Sharon.						
49	Paula Wright	Tickhill	45:44	VL45							
50	Christine Stimpson	Tickhill	45:45	VL55	**Herringthorpe						
51	Pam McLeod	Valley Hill	46:53	VL55		o report conce	rning the n	ronosed stadium o	levelonment of	her than what we already kn	ow Which is
52	Gemma Spence	Tickhill	48:02	SL			innig uie p	ioposeu siauiuiii (	ic v ciupinici il Ul	nor than what we alleady KI	UVV. VVIIIGITIS,

that the development is planned to go ahead over a period of between 3 and more years, depending on a number of factors such as financial climate, land sales etc. Recent and expected cutbacks will not help. Whatever we get to know, we will pass on.

Thanks to all runners and race assistants- officials, marshals etc \*Clifton Park Time trial

#### Newsletter & this publication

Maltby RC

Kimberworth

48.05

49:58

VM60

VI 35

I may resume newsletters in the autumn but it remains to be seen. This type of information sheet however is not a problem and I will aim to produce it on a regular basis I can include any submission which is already prepared (such as the Track & Field Review above.

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Ray Mathews

Clare Bramhall

The series ended in June. It is very likely that it will begin again in the autumn at least as a Rotherham HAC facility for training etc. The question of public involvement will have to be considered afresh. As you will be aware, the failure to deliver planned facilities for indoor organisation in the park rendered administration of the event(s) impossible in bad weather, and we subsequently ducked public involvement.

#### \*\*Information

If you have any information requirement for future issues, let me know.